

# PE-1280: SOCCER

## Cuyahoga Community College

**Viewing: PE-1280 : Soccer**

**Board of Trustees:**

December 2021

**Academic Term:**

Fall 2022

**Subject Code**

PE - Physical Education

**Course Number:**

1280

**Title:**

Soccer

**Catalog Description:**

Instruction and participation in soccer for men and women. Basic soccer skills, rules and game strategy stressed.

**Credit Hour(s):**

1

**Lecture Hour(s):**

0

**Lab Hour(s):**

2

**Other Hour(s):**

0

## Requisites

**Prerequisite and Corequisite**

None.

## Outcomes

**Course Outcome(s):**

Demonstrate basic skills needed to play soccer.

**Objective(s):**

1. Demonstrate kicking technique using inside foot, instep, top of foot, and outside of foot.
2. Demonstrate passing technique using inside of foot to open space and to teammate.
3. Demonstrate ability to use the volley kick.
4. Demonstrate understanding of basic rules and skill techniques.
5. Demonstrate ability to dribble soccer ball at a run.
6. Demonstrate the ability to make free kicks and goal kicks.

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**Methods of Evaluation:**

1. Written evaluation
2. Skill evaluation
3. Participation

**Course Content Outline:**

1. Learning to use the feet
2. Passing, volleying, and shooting skills

3. Dribbling technique
4. Using the body and head
5. Taking throw-ins, penalties, and corners
6. Playing sweeper, central defense, full-back, mid-field, wide, and striker
7. Training routines
8. Goalie techniques

## Resources

Dylan Joseph. *Soccer: A Step-by-Step Guide on How to Stop the Other team, About Each Player on a Team, and How to Lead Your Players, Manage Parents, and Select the Best Formation (Understand Soccer)*. 2019. October 29.

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## Resources Other

1. [https://youtu.be/\\_KoDgwznL8c](https://youtu.be/_KoDgwznL8c) ([https://youtu.be/\\_KoDgwznL8c/](https://youtu.be/_KoDgwznL8c/))- How to Play Soccer: Soccer Positions
2. <https://youtu.be/jVJz8Za-UZI> (<https://youtu.be/jVJz8Za-UZI/>)- Soccer Positions : Which Positions In Soccer Should I Play?
3. <https://www.youtube.com/watch?v=YnAA4dHHsWU> (<https://www.youtube.com/watch/?v=YnAA4dHHsWU>)- How to Play Soccer: Soccer Formations (<https://www.youtube.com/watch/?v=YnAA4dHHsWU>)

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